

Vegetarian & Vegan Menu

Starters

Tomato & Basil Soup €7.50 **VE**

Wild Mushroom & Tomato Bruschetta €9.00 **VE**

Gluten Free Multi Seed Bread,
Vegan Parmesan

Super Food Salad €9.00 **VE**

Healthy Vegetables, Mixed Seeds,
Cashew and Almonds

Mains

Pea & Shallot Ravioli €18.00 **VE**

Tomato, Spinach, Shaved Courgette,
Vegan Parmesan

Vegetable Bake Ratatouille €18.00 **VE GF**

Stuffed Pepper & Courgette, Vegan Feta,
Sauté Bok Choy

Vegetarian Masala €18.00 **AGF**

Cauliflower, Spinach, Chickpea, Pilau Rice,
Mango Chutney, Mint Yogurt, Coriander Naan

Stir Fry Mixed Vegetables €18.00 **VE N**

Cashew Nuts, Soy Sesame & Coriander, Pilau Rice

Dessert

Stewed Strawberry & Rhubarb €9.00 **VE N**

Gingernut and Almond Crumb

Fruit Skewer €9.00 **VE**

Raspberry Sorbet, Cherry Glaze

Selection of Sorbet €9.00 **VE**

GF - Gluten Free, **AGF** - Available Gluten Free,

N - May Contain Nuts,

V - Vegetarian, **VE** - Vegan