

Vegetarian & Vegan Menu

To Begin...

Char-Grilled Focaccia V N VE €8.50

Beetroot & Tomato Salsa, Mixed Nuts, Pumpkin Seeds

Super Food Salad V N VE €8.50 (Main Course €13.50)

Mixed Bean, Cashews, Almonds, Sweet Potato, Carrot,
Beetroot & Mixed Seeds

Mixed Bean Cassoulet V €8.50

Haloumi Fritter

Soup of the Evening V AGF €7.00

Homemade Brown Bread

Main Course...

Butternut Squash & Pea Risotto V N GF €22.00

Baby Spinach, Cashel Blue, Pine Kernels

Ricotta & Spinach Tortellini V €22.00

Tomato & Basil Sauce, Asparagus,
Green Bean & Tender stem Broccoli

Vegetable Stir-Fry V N GF VE €14.50

Cashew Nuts, Chilli, Soy, Pilau Rice

Indian Korma Curry V N GF VE €14.50

Mixed Vegetables, Cumin Pilau Rice

Spiced Mixed Bean & Coriander Burger €16.00 V VE

Tomato & Basil Sauce, Skinny Fries

To Finish ...

Seasonal Fruit & Mixed Berries €7.50 V GF

Lemon Sorbet

Selection of Sorbets €7.50 V GF

Citrus, Raspberry, Lemon

GF – Gluten Free, **AGF** – Available Gluten Free, **N** – May Contain Nuts,
V – Vegetarian, **VE** – Vegan