

EVENING BAR MENU

Monday - Sunday 18.00pm- 21.00pm

STARTERS

Soup of the Day (GF, V) Homemade Brown Bread	7.00	Spiced Crispy Calamari (GF) Dillisk & Lime Aioli, Chilli & Tomato Sauce	9.50
Ice House Atlantic Seafood Chowder (GF) Homemade Brown Bread	8.50	Super Food Salad (GF, V, N) Roast Sweet Potato, Quinoa, Organic Beetroot, Pea & Broad Bean, Toasted Cashew Nuts, Pumpkin Seeds	8.50
Duo of Tomato & Basil Bruschetta Char-grilled Vienna Bread, Grated Parmesan	8.50	Main Course	13.50
Smoked Chicken Caesar Salad (AGF) Herb Croutons, Gubbeen Chorizo, Parmesan Shavings	9.00		

MAINS

Thai Green Vegetable Curry (V, AGF) Pilau Rice, Naan Brea Add Chicken 2.00	13.50	Grilled Bacon, Skinny Fries	
Crispy Sesame Crumbed Chicken Goujons Sweet Chili Mayonnaise, Skinny Fries	15.00	Pan Fried Supreme of Salmon (GF) Roast Pepper, Asparagus, Courgette & Parmesan Risotto, Basil Oil	16.00
Pan Fried Cajun Cod Supreme (GF) Beetroot, Quinoa, Orange & Irish Feta Cheese Salad, Dill and Lime Yoghurt	15.00	Crispy Fried Spiced Beef (GF, N) Saute Broccoli, Red Onion & Cashew Nuts, Asian Dipping Sauce, Pilau Rice	16.00
Herb Crumbed Supreme of Hake Tartar Sauce, Skinny Fries, Mixed Salad	15.50	Oven Baked Supreme of Chicken Black Pudding & Chorizo Crushed Potatoes, Wild Mushroom Cream	22.00
Heffernan's Beef Burger (AGF) Dozio's Black Pepper Cheese, Dijon Mayonnaise,	16.00	Sirloin Steak of Hereford Beef (GF) Sauté Mushrooms & Onion, Peppercorn Sauce, Skinny Chips	27.00

SIDE ORDERS

3.50 each

House Salad (GF)	Skinny Fries (GF)	Champ Mash Potato (GF)	Broccoli Assiette (GF, N) with Nibbed Almonds
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LOCAL SUPPLIERS: Beef: McHale Butchers • Fish: Joe Garvin Fish • Organic Vegetables: Enniscoe House • Vegetables & Fruit: Falcon Fruits • Poultry: Mc Hales Butchers

The food allergens used in the preparation of our food can be viewed in a separate menu available at the counter. Please ask a member of staff if you need additional information on food allergens.

GF – Gluten Free **N** – May Contain Nuts **V** – Suitable for Vegetarian **AGF** – Available Gluten Free