

SANDWICH MENU

Monday - Saturday 12.00pm - 17.00pm

Sunday 13.00pm - 18.00pm

(All Sandwiches are available
on Gluten Free Bread/Baps)

Connemara Smoked Salmon Bagel Poached Fennel, Co. Cork Ricotta Cheese	9.00	Croque Madame Chargrilled Thick Bloomer Bread, Mature Cheddar & Ham, Fried Free Range Egg	9.50
Smoked Chicken Caesar Wrap Croutons, Gubbeen Chorizo, Parmesan Shavings, Caesar Dressing	9.00	Roast Olive Focaccia (V) Ardsallagh Goats Cheese, Roast Peppers, Tomatoes & Olives	9.50
Egg Mayonaise Bap Rocket, Cucumber & Chives	9.00	Ice House Fish Finger Sandwich Dill & Citrus Crumbed Fish, Toasted Floury Bap, Baby Gem, Pickled Cucumber, Herb Mayonnaise	9.50
Slow Braised Pulled Pork Apple & Rosemary Puree, Baby Gem & Tomato, Ciabatta Bread	9.50		

BAR MENU

Monday - Sunday 13.00pm - 18.00pm

SOUPS & STARTERS

Soup of the Day (GF, V) Homemade Brown Bread	7.00
Ice House Atlantic Seafood Chowder (GF) Homemade Brown Bread	8.50
Galway Goats Cheese & Red Onion Tartlet (N) Crushed Pine Kernels & Mixed Seed Salad	8.50
Connemara Airdried Pork Bruschetta Chargrilled Vienna Bread, Duo of Tomato & Basil Compote, Grated Parmesan	8.50
Spiced Crispy Calamari (GF) Dillisk & Lime Aioli, Chunky Tomato Sauce	9.50

SALADS

Dozio of Carracastle Gino Cheese Salad (GF, V) Swiss Style Soft Cheese, Trio of Tomato, Basil, Onion Jam, Baby Gem, Olives	8.50
Main Course	13.50
Super Food Salad (GF, V, N) Roast Sweet Potato, Quinoa, Black Eye Bean, Pea & Broad Bean, Toasted Pumpkin Seed & Cashew Nuts	8.50
Main Course	13.50
Smoked Chicken Caesar Salad (AGF) Herb Croutons, Gubbeen Chorizo, Parmesan Shavings	9.00
Main Course	14.50

MAIN COURSES

Wild Mushroom, Spinach & Broccoli Tagliatelle (V) Parmesan Cream, Garlic & Herb Sourdough Add Chicken 2.00	13.50	Pan Fried Cajun Cod Supreme (GF) Beetroot, Quinoa, Orange & Irish Feta Cheese Salad, Dill and Lime Yoghurt	15.00
Coconut & Coriander Green Curry (V, AGF) Poached Green Vegetables, Cumin Pilau Rice, Naan Bread Add Chicken 2.00	14.50	Herb Crumbed Supreme of Hake Tartar Sauce, Skinny Fries, Mixed Salad	15.50
Grilled Chicken Escalope, Sesame Bap (AGF) Guacamole, Macroom Mozzarella, Skinny Fries	15.00	Heffernan's Beef Burger (AGF) Dozio's Black Pepper Cheese Glaze, Dijon Mayonnaise, Grilled Bacon, Skinny Fries	16.00
Crispy Sesame Crumbed Chicken Goujons Sweet Chili Mayonnaise, Skinny Fries	15.00		

SIDE ORDERS

3.50 each

House Salad (GF)	Skinny Fries (GF)	Champ Mash Potato (GF)	Broccoli Assiette (GF, N) with Nibbed Almonds
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LOCAL SUPPLIERS: Beef: McHale Butchers • Fish: Joe Garvin Fish • Organic Vegetables: Enniscoe House • Vegetables & Fruit: Falcon Fruits • Poultry: Mc Hales Butchers

The food allergens used in the preparation of our food can be viewed in a separate menu available at the counter. Please ask a member of staff if you need additional information on food allergens.
GF – Gluten Free N – May Contain Nuts V – Suitable for Vegetarian AGF – Available Gluten Free